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13 sessions' Kirtan Course Foundations of Gurmat Sangeet

Objective:

Introduce the basics of Gurmat Sangeet, including vocal techniques, rhythmic techniques, harmonium basics, and perform simple Kirtan melodies.

Module 1: Introduction to Gurmat Sangeet

- Learn history and significance of Gurmat Sangeet.
- Outcome: A foundational understanding of the spiritual and historical context.

Module 2: Vocal Warm-up & Basic rhythm Techniques

- Practice daily vocal exercises.
- Outcome: Establish a routine for vocal strength and clarity.

Module 3: Harmonium

- Learn and play basic scales on the harmonium.
- Outcome: Ability to navigate the harmonium with confidence.

Module 4: 3 Simple Kirtan Melodies

- Memorize and sing simple Kirtan compositions.
- Outcome: Perform a 3 basic Shabad with correct pronunciation and melody.